



CUCCIO  
NATURALE

# DETOXSOAK

## SOOTHING & REFRESHING HERBAL DETOXSOAK™ SERVICE A REVOLUTIONARY SERVICE TO HELP DE-STRESS & REJUVENATE IN 4 EASY STEPS

THIS IS A STAND ALONE SERVICE THAT SHOULD BE CHARGED SEPARATELY. IT CAN BE COMBINED WITH YOUR EXISTING PEDICURE SERVICE BY SOAKING FIRST, ADDING YOUR CUCCIO NATURALE PEDICURE SERVICE OF CHOICE AND FINISHING WITH THE MASSAGE TECHNIQUE STEPS. YOU WOULD CHARGE FOR THE TWO SERVICES

### DIRECTIONS:

**STEP 1:** Fill foot bath with warm water in front of client, open DETOXSOAK™ packet. Add small packet of magnesium sulfate crystals to water.



**STEP 2 :** Add large DETOXSOAK™ tablet to water.



**STEP 3:** Place feet in herbal DETOXSOAK™ treatment soak for 15 minutes. When finished with soak, rinse off legs and feet then proceed to towel dry.



**STEP 4:** Follow with DETOXSOAK™ Somatology Massage Serum and technique.




WHEN USING IN CONJUNCTION WITH A PEDICURE SERVICE. FILE AND CUT NAILS, SOAK IN DETOXSOAK™ FOR 15 MINUTES THEN CONTINUE WITH PEDICURE. (YOU WILL NOTICE CALLUS REMOVAL WILL BE MUCH EASIER) FINISH WITH DETOXSOAK™ SOMATOLOGY MASSAGE WITH RECOMMENDED TECHNIQUE. USE CUCCIO COLOUR OR VENEER FOR THE PERFECT LOOK.

# MASSAGE TECHNIQUE MOVEMENTS FOR SOLES OF FEET



**KEY**

- Circular movement using thumb  or 
- Up & down movement using thumb and alternating with knuckles 
- Up & down movement using full hand motion 

# SOMATOLOGY

## MASSAGE STEP-BY-STEP

**STEP 1:** Massage in an up and down movement along and around the calf area and downward to end of the foot.



**STEP 2:** Turn leg inward, using an up and down movement massage calf area in between muscles then guide down to foot area.



**STEP 3:** Follow the massage technique movements for the soles of the feet. **(\*REFER TO CHART ON BACK OF CARD)** Then gently stretch back the toes.



**STEP 4:** Gently push the toes in a downward motion to stretch the foot.



**STEP 5:** Repeat the massage technique movements for the sole of the feet. **(\*REFER TO CHART ON BACK OF CARD)** Then use circular movements around the ankle bone.



**STEP 6:** Continue with circular movements around the back of the ankle and down to the heel area. Repeat steps 1 - 6 as time allows.



Using a towel gently pat off any excess serum and apply Butter Blend or Lytes Ultra Sheer Body Butter